

**Have you heard about  
"At-Risk Afterschool Meals"?**



When school is out and parents are working, children need a safe place to be with their friends, with structured activities and supportive adults. Afterschool programs that participate in the Child and Adult Care Food Program (CACFP) At-Risk Afterschool Meals program can provide children and youth through age 18 with activities that are safe, fun and filled with opportunities for learning **AND** nutritious food to supply their bodies with the energy and nutrition they need.



**For Questions or for more information contact  
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**HEALTHY MEALS AS PART OF  
AFTERSCHOOL PROGRAMS**

-  Build strong bodies and minds by providing children with nutritional, balanced meals.
-  Provide a much needed energy boost to fuel afterschool homework and activities.

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